



Spicy Green Beans

Jazz up your green beans with some extra spice and everything nice!

Personal Trainer Food Ingredients:

- 1 bag of Green Beans

Additional Ingredients:

- 1 tbsp soy sauce
- 1 tbsp rice vinegar
- 1 Splenda packet
- ¼ - ½ tsp red pepper flakes, adjust to taste
- 1 tbsp minced garlic
- 1 tbsp minced ginger
- Salt and pepper, to taste

Instructions:

1. Combine soy sauce, rice vinegar, Splenda, red pepper flakes, garlic, and ginger in a small bowl.
2. Heat Green Beans in the microwave, then remove from steamer bag and place on a plate.
3. Top with the soy sauce mixture and salt and pepper to taste