



Patty Melt

Indulge in the hearty flavors of a patty melt without the bread (try it with our favorite Burger Sauce)!

Personal Trainer Food Ingredients:

- 1 Angus Burger

Additional Ingredients:

- ¼-½ onion, thinly sliced
- 1 tbsp butter
- 1 slice Swiss cheese
- ½ tbsp Worcestershire sauce

Instructions:

1. Place the onion slices and butter in a microwave safe bowl and heat for about 1-2 minutes until golden brown (stir gently halfway through heating). Once cooked, stir in Worcestershire sauce.
2. Heat the Angus Burger in the microwave and place on a microwave safe plate.
3. Top the burger with the cooked onions and cheese. Heat until the cheese is melted.