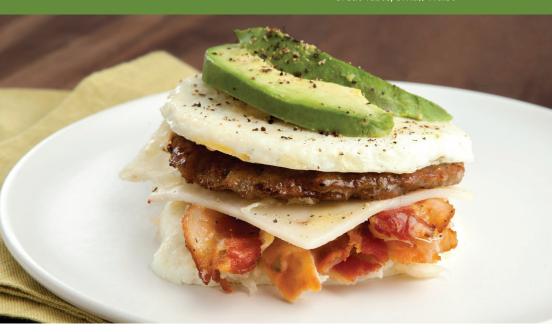
## Creative Food Ideas

### Personal Trainer Food<sup>™</sup>

Great Taste, Small Waist<sup>™</sup>



# **Egg Patty Breakfast Sandwich**

Skip the drive-thru with this wholesome and satisfying breakfast sandwich!

#### Personal Trainer Food Ingredients (choose any of the following):

• 1 bag of 2 Egg Patties + Breakfast Sausage

### **Additional Ingredients:**

- 1 slice of pepper jack cheese
- ½ ½ avocado, sliced

#### Instructions:

- 1. Heat the Egg Patties and Breakfast Sausage in the microwave. Once heated, remove from bag and place on microwave safe plate.
- 2. Place the Breakfast Sausage on top of one egg patty, then cover with pepper jack cheese and avocado.
- 3. Top your sandwich with the remaining egg patty.