



Personal Trainer Food's Favorite Burger Sauce!

Sweet and tangy come together in perfect balance- this sauce is amazing on burgers and more!

Personal Trainer Food Ingredients:

- Any burger of your choice: Works Burger, Angus Burger, Garden Turkey Burger

Additional Ingredients:

- ½ tsp garlic powder
- ¼ cup low-sugar ketchup*
- ¼ cup low-sugar pickle relish*
- ½ cup mayonnaise
- 1 tsp Worcestershire sauce
- ¼ tsp black pepper

**Reminder: Select sauces that have 2g or less of sugar per serving.*

Instructions:

1. Place all the ingredients in a bowl.
2. Mix until everything is evenly combined.
3. Top your favorite burger with 1-2 tbsp of sauce.