



Breakfast Pizza

Indulge your pizza craving with this guiltless start to your day!

Personal Trainer Food Ingredients:

- 1 Cheddar Omelet + Breakfast Sausage
- 1 Mozzarella String Cheese stick

Additional Ingredients:

- 2-3 tbsp pizza sauce
- ½ tsp basil
- Pepperoni slices (optional)

Instructions:

1. Heat breakfast selection in the microwave. Once heated, remove from bag, place the egg portion on a plate, and chop up the breakfast sausage.
2. Top the egg with pizza sauce, chopped sausage, pepperoni slices, mozzarella string cheese, and basil.
3. Microwave for 30 seconds or until the cheese is melted.